



State of New Jersey

DEPARTMENT OF HEALTH AND SENIOR SERVICES

CONSUMER AND ENVIRONMENTAL HEALTH SERVICES

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**RECOGNIZED CERTIFICATIONS FOR 2006
(CPR - FIRST AID - LIFEGUARDING - TRAINED POOL OPERATOR)**

CARDIOPULMONARY RESUSCITATION (CPR) CERTIFICATION

American Red Cross

1-year certification

Recognized:

CPR for the Professional Rescuer
or
CPR/AED for the Professional Rescuer

Upgrade of the old CPR: Basic Life Support course
Includes Infant, Child & Adult CPR, two-person rescue
and advanced skills (barrier devices)
Includes OSHA Blood borne Pathogen Preventing Disease
Transmission (basic information)

Not Recognized:

Infant CPR
Child CPR
Infant and Child CPR

Adult CPR
Adult CPR/AED Training
Community CPR or Adult, Infant & Child CPR

American Heart Association

2-year certification

Recognized:

BLS Healthcare Provider
or
CPR for Healthcare Providers

Includes Adult and Pediatric CPR, foreign-body
airway obstruction & two-person rescue
Contains information on barrier devices and stroke
AED is now a core component of this course

Not Recognized:

Heartsaver CPR
Heartsaver AED
Heartsaver FACTS (recognized for Basic first Aid)

Heartsaver CPR in Schools
CPR for Family and Friends

National Safety Council

2-year certification

Recognized:

Professional Rescuer CPR

Includes Adult, Infant & Child, two-rescuer CPR,
and use of masks including bag-valve

Not Recognized:

Heartsaver FACTS
CPR
Pediatric CPR

CPR Review
Automated External Defibrillation
Blood borne Pathogens

CARDIOPULMONARY RESUSCITATION (CPR) CERTIFICATION

American Safety and Health Institute **2-year certification**

Recognized:

CPR for Professionals

Includes Infant, Child & Adult CPR, two-person rescue
and advanced skills (barrier devices)
Includes OSHA Blood borne Pathogen Preventing Disease
Transmission (basic information)

Not Recognized:

CPR for Community and Workplace

AED

NOTE: Professional-level CPR is required for all health directors at both day and residential youth camps and by at least one individual at all public recreational bathing places.

FIRST AID CERTIFICATION

American Red Cross

Recognized:

First Aid Basics
or
First Aid

Approximately 4 hr. course
3-year certification
NO CPR
Minimal acceptable FA certification for day camps
and all public recreational bathing places

Workplace Training/
Standard First Aid

Approximately 5½ hour course
3-year certification
First Aid Basics with Adult CPR
Minimal acceptable FA certification for day camps
and all public recreational bathing places
May be taken with other workplace modules
Geared towards the workplace setting

Community First Aid
and Safety

Approximately 9 hr. course
3-year certification
Standard First Aid with Community CPR
Also acceptable FA certification for day camps
and all public recreational bathing places

Sport Safety Training

Approximately 6½ hr. course
3-year certification
First Aid with Adult CPR
Child CPR (optional)
Minimal acceptable FA certification for day camps
and all public recreational bathing places

First Aid-Responding
to Emergencies

Approximately 24 hr. course
3-year certification
Includes Adult CPR
Certification rarely seen. Given in academic setting.
Not normally given to general public.
Includes module "When Help is Delayed."
Acceptable FA for day camps but
not acceptable for resident camps

FIRST AID CERTIFICATION

American Red Cross (cont'd)

Emergency Response

Approximately 50 hr. course

3-year certification

Includes CPR for the Professional Rescuer (separate card)

Replaces Advanced First Aid. Below EMT

Minimal acceptable FA & CPR certification for a resident camp
(First Responder Course)

Not Recognized:

Module for all the First Aid courses is:

First Aid-When Help is Delayed

Approximately 2 hr. course

Course completion certification issued

Must maintain current First Aid Certification

and current CPR with American Red Cross

or American Heart Association

CPR for the Healthcare Provider

Preventing Disease Transmission (PDT)

The six modules for the Workplace
Training/Standard First Aid are:

Workplace Violence Awareness

Back Injury Prevention

Slips Trips and Falls

Ergonomics

Your Heart Matters

Managing Stress

Approximately 1 hr. course

Course attendance card issued

Does not require First Aid and/or CPR certification

National Safety Council

Recognized:

First Aid

Approximately 4-8 hr. course

3-year certification

NO CPR

Minimal acceptable FA certification for day camps
and all public recreational bathing places

Pediatric First Aid & CPR

Approximately 8-24 hr. course

3-year certification

First Aid with Infant & Child CPR (2 yr.)

Minimal acceptable FA certification for day camps
and all public recreational bathing places

Standard First Aid & CPR

Approximately 7 hr. course

3-year certification

First Aid with Adult, Infant & Child CPR (2 yr.)

Minimal acceptable FA certification for day camps
and all public recreational bathing places

FIRST AID CERTIFICATION

National Safety Council (cont'd)

Advanced First Aid & CPR	Approximately 40 hr. course 3-year certification First Aid with Adult, Infant & Child CPR (2 yr.) Minimal acceptable FA certification for a resident camp
Wilderness/Remote Location First Aid	Approximately 8-36 hr. course 3-year certification NO CPR Acceptable FA certification for day camps
First Responder	Approximately 40-50 hr. course 2-year certification Includes Professional Rescuer CPR (2 yr.) Acceptable FA & CPR certification for all youth camps and all public recreational bathing places

Not Recognized:

Good Samaritan	Approximately ½ - 2 hr. course Course completion certificate and card issued
Blood borne Pathogens	Approximately 2 hr. course Course completion certificate and card issued

American Safety and Health Institute

Recognized:

Basic First Aid	Approximately 4 hr. course 3-year certification NO CPR Minimal acceptable FA certification for day camps and all public recreational bathing places
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American Heart Association

Recognized:

Heartsaver FACTS or Heartsaver First Aid	Approximately 7 hr. course (Basic First Aid Level) 2-year certification Adult CPR (3.5 hrs HS AED) NSC First Aid Course (3.5 hrs First Aid) Minimal acceptable FA certification for day camps and all public recreational bathing places
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Other recognized certifications for resident camps are found in the Youth Camp Safety Act, 8:25-5.2(a). They are:

- A physician licensed to practice medicine or osteopathy in New Jersey
- A registered nurse or a licensed practical nurse licensed by the State Board of Nursing
- An individual who is certified as a paramedic or emergency medical technician or first responder/CIM accredited by the Department or by the American Red Cross in their First Responder training
- An athletic trainer certified by the National Athletic Trainers' Association Board of Certification (NATABOC), with the appropriate level of training provided by the National Safety Council, or an equivalent certification approved by the Department.

LIFEGUARDING CERTIFICATION
(for Swimming Pools and Lake Bathing)

American Red Cross

Recognized:

Lifeguard Training

3-year certification

For pool only

Includes Community First Aid (SAME CARD)

Must have CPR for the Professional Rescuer (separate card)

Three modules available

The three modules for the Lifeguard Training are:

Waterfront Lifeguarding

Approximately 5½ hr. course

Course completion certification issued

Must maintain current Lifeguard Training
and Community First Aid certificate for
module to remain valid

Must have current CPR for the
Professional Rescuer (separate card)

Waterpark Lifeguarding

Approximately 5 hr. course

Course completion certification issued

Must maintain current Lifeguard Training
and Community First Aid certificate for
module to remain valid

Must have current CPR for the
Professional Rescuer (separate card)

Head Lifeguard

Approximately 6 hr. course

Course completion certification issued

Must maintain current Lifeguard Training
certificate (653460 or 3416) or current
lifeguard training certificate from
another nationally recognized organization
for module to remain valid

Soon to be replaced by Lifeguard Management

LIFEGUARDING CERTIFICATION
(for Swimming Pools and Lake Bathing)

American Red Cross (cont'd)

Not Recognized:

Guard Start	No minimum time Course completion certificate issued Not a certified lifeguard Program purpose: designed to guide youth (11-14 yrs.) in ARC lifeguarding program by building a foundation of knowledge, attitudes and skills for future lifeguards
Community Water Safety	Approximately 4 hr. course Course completion certification issued Prevention program Water involvement is optional Not a certified lifeguard Replaces 2 previous courses – Basic Water Safety and Emergency Water Safety
Basic Water Rescue	Approximately 4 hr. course 3-year certification Not a certified lifeguard Course purpose: provide information and skills necessary to prevent, recognize and respond to aquatic emergencies and how to protect themselves
Small Craft Safety	Approximately 5 hr. course 3-year certification Not a certified lifeguard Course purpose: provide information and skills necessary to prevent, recognize and respond to small craft emergencies and how to protect themselves
Water Safety Instructor (WSI)	2-year teaching authorization Teaches American Red Cross Learn-to-Swim Programs Not a certified lifeguard Not required for Youth Camp Staff
Lifeguard Instructor	2-year teaching authorization Teaches Lifeguard Training Programs and Community Water Safety Not a certified lifeguard
Safety Training for Swim Coaches	3-year certification Provides training in aquatic safety for competitive swim coaches, officials, athletic trainers, etc Not a certified lifeguard

LIFEGUARDING CERTIFICATION

(for Swimming Pools and Lake Bathing)

Starfish Aquatics Institute

Star Guard

1-year certification

Pool, Waterpark, Waterfront (lake bathing) and Wilderness Modules. American Safety & Health Institute CPR, First Aid, Blood borne Pathogens, and (optionally) AED and Emergency Oxygen are built into the course. Course certification specifies pool depths, qualifications, and whether they have waterpark, waterfront and/or Wilderness module completion.

Boy Scouts of America (BSA)

BSA Lifeguard

3-year certification

NOTE: All BSA lifeguards are required to be certified in Professional Level infant, Child and Adult CPR and First Aid. These certifications must be from an organization approved by the Department of Health and Senior Services. All lifeguards are trained for pool and waterfront facilities.

National Pool and Waterpark Lifeguard Training

1-year certification

Special Facilities Lifeguard
Pool Lifeguard
Shallow Water Lifeguard

NOTE: All levels of the National Pool and Waterpark Lifeguard Training Program include certification in Professional-Level Infant, Child and Adult CPR skills, as well as First Aid. These certifications are through the National Safety Council, and meet all nationally recognized standards for CPR & First Aid instruction.

Young Men's Christian Association (YMCA)

2-year certification

YMCA Lifeguard

NOTE: All YMCA lifeguards are required to be certified in Professional Level Infant, Child and Adult CPR and First Aid. These certifications must be from an organization approved by the Department of Health and Senior Services. All lifeguards are trained for all bodies of water (i.e. pool, lake & waterpark).

National Aquatics Safety Company (NASCO)

1-year certification

Waterpark Deep Water Lifeguard (>5')
Waterpark Shallow Water Lifeguard (<5')
Basic Lifeguard

Note: All NASCO Lifeguard courses include basic first aid and professional-level CPR

International Life Saving Federation (ILSA)

Bronze Medallion (acceptable with current challenge test from ARC, YMCA and good for LG, CPR & AED)

NOTE: The International Life Saving Federation is composed of Member Federations admitted by the Board of Directors. Affiliation to ILS is available to international, national, and other not-for-profit organizations which pursue the aims and objectives of ILS, are recognized by ILS, and agree to submit to the ILS Constitution and By-Laws. Organizations meeting these requirements are encouraged to become a Member Federation.

(for Ocean and Tidal Waters)

United States Lifesaving Association (USLA)	Annual certification
South Jersey Lifeguard Chiefs Assoc. (SJLCA)	Annual certification
North Shore Lifesaving Association (NSLA)	Annual certification <u>(Provisional Status)</u>

TRAINED POOL OPERATORS CERTIFICATION

American Swimming Pool and Spa Assn. (ASPSA) Licensed Aquatic Facility Technician (LAFT)	5-year certification
Aquatics Training Institute (ATI) Commercial Pool Technician (CPT)	5-year certification
National Pool and Spa Institute (NSPI) Professional Pool and Spa Operator (PPSO)	5-year certification
National Recreation and Park Association (NRPA) Aquatics Facilities Operator (AFO)	3-year certification
National Swimming Pool Foundation (NSPF) Certified Pool Operator (CPO)	5-year certification
North Shore Lifesaving Association (NSLA) North Shore Certified Pool Operator (NSCPO)	3-year certification
Young Men's Christian Association (YMCA) Pool Operator on Location (POOL)	5-year certification